

# Tohickon Track & Field Records

Boys				Girls		
Name	Mark	Year	Event	Name	Mark	Year
James Dawkins	13.6	2008	<b>100HH</b>	Abby Papinchak	16.9	2005
Rashad Williams	11.35	2008	<b>100m</b>	Ebani Welch	12.7	2016
Rashad Williams	23.74	2007	<b>200m</b>	Cara Hughes	26.4	2005
Conor McSherry	53.4	2007	<b>400m</b>	McKenna Brophy	1.02.0	2016
Chris McGinnly	2.09.9	2007	<b>800m</b>	Emmi Simon	2.26	2017
Chris McGinnly	4.42.2	2007	<b>1600m</b>	Emmi Simon	5.20	2017
Matt McGarvy	46.52	2008	<b>4x100m</b>	Elizabeth Scafuro	52.75	2005
Mike May				Daisy VanNess		
Justin White				Fluerette Gall		
Rashad Williams				Cara Hughes		
Matt McGarvey	1.35.0	2008	<b>4x200m</b>	Meghan Sharman	1.53.7	2008
Mike May				Danielle Kuhn		
James Dawkins				Leah Mooney		
Rashad Williams				Liz Daniels		
Charlie Lambert	3.35.8	2008	<b>4x400m</b>	Marykate Stranix	4.25.9	2008
Rashad Williams				Kara Shen		
Matt McGarvey				Leah Mooney		
Mike May				Liz Daniels		
Sal Antonucci	1.55	2013	<b>Sprint Medley Relay (100-100-200-400)</b>	Kelsey Mulholland	2.10	2012
Will Eisold				Erin Lengel		
Bryan Haines				Elizabeth Lutz		
Jack McCausland				Shayna Lopez-McClain		
Will Schulz	9.34	2013	<b>4x800m</b>	Alexis Gartneberg	10.42	2016
Raj Patel				Katie Franz		
Erik Barlow				Emmi Simon		
Brian Mass				McKenna Brophy		
Vince Thompson	1.06.5	2008	<b>Shuttle Hurdle Relay 400m relay ten hurdles</b>	Genna Pyles	1.13.0	2008
Dylan James				Ashley Mattes		
Andrew Robinson				Chandler Buchanan		
James Dawkins				Julia Bennett		
Ryan Sager	56.2	2010	<b>Thrower's Relay (100-200-100)</b>	Collen Mars	1.00.4	2013
Christian Rupert				Morgan Kriley		
Alex McKenna				Allison Kelly		
Jake Ventresca	19' 4"	2016	<b>Long Jump</b>	Allison Gillen	15' 2"	2006
Andrew Robinson	40' 6 3/4"	2009	<b>Triple Jump</b>	Allison Gillen	36' 10"	2006
Phil Marsalona	5'11"	2004	<b>High Jump</b>	Alex Zubak	5' 2"	2007
Jon Letts		2008				
Dalton Kirkman	140' 9"	2005	<b>Discus</b>	Jordyn Zubak	70' 10"	2005
Will Veix	46' 11"	2004	<b>Shot Put</b>	Lauren Hahn	34' 4"	2015